



MULTIPLE CHOICE

The design-first website 400 THINGS is perfect for lovers of minimalism

With holiday season in full swing, it's time to stock up on all things nice; both for yourself, family and friends. Enter 400 THINGS, a website that provides a monthly curation of unique, design-led, artisanal products from established and emerging designers in India; many of whom are women. From home decor and accessories to soft furnishings, sustainable clothing, and jewellery, there's something special for every aspect of your life. For its first monthly curation, 400 MARSHMALLOWS, the collective's creative director, Rhea Gupte, painted a world of pop-pastel pink and mint green to match the curation of objects that includes accessories by Nappa Dori, hammered copper padma trays by Anantaya, and edgy geometric jewellery from Akihi. Its most recent curation, titled 400 SKINS, has a range of objects designed to celebrate beauty in diversity. Top pick? The original artworks by the outspoken upcoming model Namita Sunil. 400-things.com

— PHYLLIDA JAY



Shoes by OCEEDEE

Bags by Nappa Dori



Skin by Namita Sunil

GRAND TIMES

Olive launches a new menu to celebrate 18 years in the biz

As one of Mumbai's earliest successful stand-alone fine-dining establishments, Olive has always been a fixture on the city's culinary map. Now, to celebrate its 18th anniversary, head chef Rishim Sachdeva has carefully curated a new tapas-style menu. What's more, there's a focus on keeping things in-house, so the menu features a selection of house-cured meats and sausages. Don't miss the beetroot coconut salad or the tuna jerky. ELLE tip: wash both down with Orchard Breeze, a concoction of triple sec and cinnamon-infused blanco tequila, shaken hard with egg white and apple juice. Olivebarandkitchen.com

FEEL-GOOD TIME

Rejig your sluggish immune system at India's first plant-based culinary academy in Mumbai

Online food company Yogisattva, started by vegan evangelist Raveena Taurani, has always had a fan following for its organic, gluten-free, dairy-free and refined sugar-free fare. Its cooking classes are the stuff of legend among clean-eaters, and its range of healthy desserts have quietly been supplanting its unhealthy counterparts at birthdays and house parties. Now, Taurani has opened a stand-alone space in Khar that is an all-in-one cooking academy, yoga studio and retail store. Stop by and learn how to make some of Yogisattva's healthy treats, with ingredients sourced directly from organic farms across the state. It's time to do good by your body, from the inside-out.

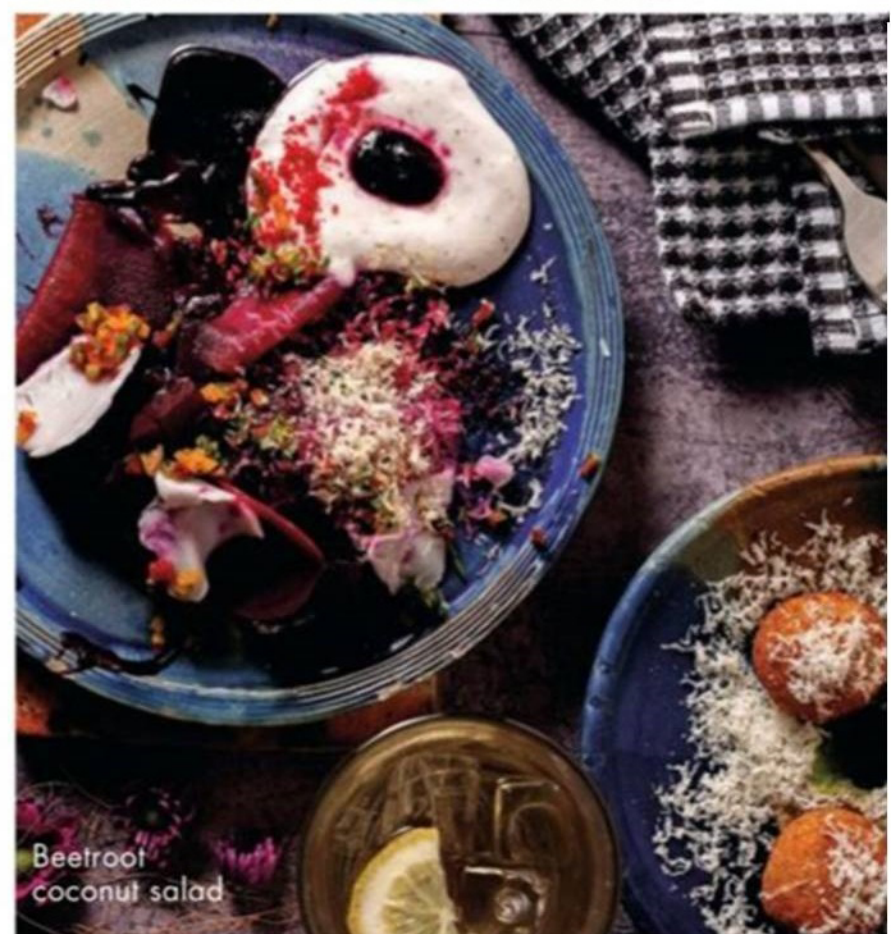
Pinnacle House, 15th Road, Khar (W), Mumbai



Matcha bliss balls



Almond butter brownies



Beetroot coconut salad

— NEVILLE BHANDARA